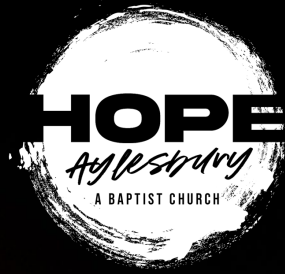


WOULD YOU RATHER?

Witness
Lazarus
being
resurrected?

OR

Have a
meal with
Jesus?



EXTINGUISH

WINNING YOUR
SPIRITUAL BATTLES

12.11.2025

GOALS TONIGHT

1. Get to know another piece of armour
2. Practical steps to live with it on



PSALM 51:10

ESV

Create in me a clean heart, O God,
and renew a right spirit within me.

Practical:

- 1. Your first prayer of the day*
- 2. Your prayer after every slip and fall*
- 3. Your last prayer before you sleep*



CHOICES

The breastplate of righteousness looks like making the right choices

- *Hate or love?*
- *Truth or lie?*
- *Excellent or 'that'll do'?*
- *Anger or gentleness?*
- *Resentment or forgiveness?*



PROVERBS 4:23–25

ESV

²³ Keep your heart with all vigilance,
for from it flow the springs of life.

²⁴ Put away from you crooked speech,
and put devious talk far from you.

*Watch out for every feeling, emotion,
opinion, attraction – trust none of these
(do not follow your heart)*



PROVERBS 4:23-25

ESV

²⁵ Let your eyes look directly forward,
and your gaze be straight before you.

²⁶ Ponder the path of your feet;
then all your ways will be sure.

*Mind your own business. Be concerned
about the plank in your own eye not the
specks in other eyes. (Matthew 7:3-5)*



PROVERBS 4:23-25

ESV

²⁷ Do not swerve to the right or to the left;
turn your foot away from evil.

Notes: be straightforward; be consistent; be reliable. Don't walk into evil but towards the truth. There will be many feet walking towards evil and few will turn away.



EPHESIANS 6:14

ESV

...and having put on the breastplate of righteousness,

Note: Only the righteousness of Christ can protect your heart. The lungs are also protected by a breastplate. Your lungs draw breath in and draw the oxygen distributing it to every part of the body through the blood.



EPHESIANS 6:15

ESV

and, as shoes for your feet, having put
on the readiness given by the gospel of
peace.

*Note: This is not an instruction for
evangelists only...*



EPHESIANS 6:15

ESV

and, as shoes for your feet, having put
on the readiness given by the gospel of
peace.

*The 'readiness' is GIVEN by the gospel of
peace. When?*



ROMANS 5:1

ESV

Therefore, since we have been justified by faith, we have peace with God through our Lord Jesus Christ.

We don't make the peace, we GET it when we place our faith in Him alone, by faith alone.



ROMANS 5:1

ESV

we have peace with God...

If we have it, we must use it.

- 1. Prepare our minds before each day*
- 2. Prepare our minds before each battle*



PROVERBS 4:26-7

ESV

**Ponder the path of your feet; then all
your ways will be sure. ²⁷Do not swerve
to the right or to the left; turn your
foot away from evil.**

*It is our responsibility to walk away
from evil as much as it is to stand
against it. Both require good shoes.*

