



EXTINGUISH

WINNING YOUR
SPIRITUAL BATTLES

29.10.2025

GOALS TONIGHT

1. Thought provoking
2. Practical



EPHESIANS 6:12

ESV

For we do not wrestle against flesh and blood, but against the rulers, against the authorities, against the cosmic powers over this present darkness, against the spiritual forces of evil in the heavenly places.



EPHESIANS 6:12

ESV

For we do not wrestle against flesh and blood,

- 1. You are in a fight every breath you take as a Christian*
- 2. It is not physical (although it is often known to us through the physical – e.g. health, injury, tiredness, exhaustion)*



EPHESIANS 6:12

ESV

but against the rulers, against the
authorities, against the cosmic powers
over this present darkness,

*Note: Paul's description is of those (real)
demonic forces that are orchestrated by
the devil and his angels
(Revelation 12:3-4)*



EPHESIANS 6:12

ESV

against the spiritual forces of evil in the heavenly places.

Caution: Satan is organized, disciplined, powerful, with specific purposes he intends to accomplish.



EPHESIANS 2:2

ESV

in which you once walked, following the course of this world, following the prince of the power of the air.

Notice: He is a prince – he therefore does not have a throne and is not king of anything. Anything he claims to own is a lie, it all belongs to the king.



THE ARMOUR

The armour Paul lists is the nature and likeness of Jesus:

- *Truth*
- *Righteousness*
- *Gospel of peace*
- *Faith*
- *Salvation*
- *Word of God*



EPHESIANS 6:14A

ESV

Stand therefore, having fastened on the belt of truth...

The belt of truth: a Roman soldier's belt covered the stomach, intestines, bowel, and reproductive organs.



EPHESIANS 6:14A

ESV

Stand therefore, having fastened on the belt of truth...

If God's word says do, then do. If God's word says don't, then don't. We must start and pursue the habit of passing our decisions through the filter of God's word before they become our next bad decision.



2 CORINTHIANS 6:14–18

ESV

Do not be unequally yoked with unbelievers. For what partnership has righteousness with lawlessness? Or what fellowship has light with darkness? ¹⁵ What accord has Christ with Belial? Or what portion does a believer share with an unbeliever? ¹⁶ What agreement has the temple of God with idols? For we are the temple of the living God; as God said,

“I will make my dwelling among them and walk among them,
and I will be their God,
and they shall be my people.

¹⁷ Therefore go out from their midst,
and be separate from them, says the Lord,
and touch no unclean thing;
then I will welcome you,

¹⁸ and I will be a father to you,
and you shall be sons and daughters to me,
says the Lord Almighty.”



2 CORINTHIANS 6:14–18

ESV

**17 Therefore go out from their midst,
and be separate from them**

Questions to ask:

Is this in line with God's word?

Am I being presented with the whole truth?

*Does this violate or contradict my
relationship with Jesus?*

*Does this conform to the truth of God's
love?*





JOHN 14:6

ESV

“I am...the truth”

Important: truth is not an opinion, a feeling, or a good idea – it is a person called Jesus Christ

