WOULD YOU RATHER?

Witness
Lazarus
being
resurrected?



Have a meal with Jesus?



EXTINGUISH

WINNING YOUR
SPIRITUAL BATTLES

05.11.2025

GOALS TONIGHT

- 1. Get to know another piece of armour
- 2. Practical steps to live with it on



EPHESIANS 6:10-11

ESV

Finally, be strong in the Lord and in the strength of his might. ¹¹Put on the whole armor of God, that you may be able to stand against the schemes of the devil.



ESV

For we do not wrestle against flesh and blood, but against the rulers, against the authorities, against the cosmic powers over this present darkness, against the spiritual forces of evil in the heavenly places.



ESV

Therefore take up the whole armor of God, that you may be able to withstand in the evil day, and having done all, to stand firm.

Q: What phrase did Paul write TWICE in the last 4 verses we just read?
A: 'the whole armor of God'



ESV

Put on the whole armor of God, that you may be able to stand against the schemes of the devil.

Note: Your ability to stand against the devil requires [some/most/whole] armor of God



ESV

Stand therefore, having fastened on the belt of truth, and having put on the breastplate of righteousness,

Note: To put on righteousness does not mean to earn or work for your salvation (because you can't) and here's where it comes from...



PHILIPPIANS 2:8

ESV

and be found in him, not having a righteousness of my own that comes from the law, but that which comes through faith in Christ, the righteousness from God that depends on faith

Practical: Walking and living out what is right before God – doing as Jesus did.



PSALM 51:10

ESV

Create in me a clean heart, O God, and renew a right spirit within me.

Practical:

- 1. Your first prayer of the day
- 2. Your prayer after every slip and fall
- 3. Your last prayer before you sleep



CHOICES

The breastplate of righteousness looks like making the right choices

- Hate or love?
- Truth or lie?
- Excellent or 'that'll do'?
- Anger or gentleness?
- Resentment or forgiveness?



PROVERBS 4:23-25

ESV

²³ Keep your heart with <u>all vigilance</u>, for from it flow the springs of life.

²⁴ Put away from you crooked speech, and put devious talk <u>far from you</u>.

Watch out for every feeling, emotion, opinion, attraction – trust none of these (do not follow your heart)



PROVERBS 4:23-25

ESV

25 Let your eyes look <u>directly forward</u>, and your gaze be <u>straight before you</u>.

26 <u>Ponder</u> the path of your feet; then all your ways will be sure.

Mind your own business. Be concerned about the plank in your own eye not the specks in other eyes. (Matthew 7:3-5)



PROVERBS 4:23-25

ESV

²⁷ Do not <u>swerve</u> to the right or to the left; <u>turn your foot</u> away from evil.

Notes: be straightforward; be consistent; be reliable. Don't walk into evil but towards the truth. There will be many feet walking towards evil and few will turn away.



ESV

...and having put on the breastplate of righteousness,

Note: Only the righteousness of Christ can protect your heart. The lungs are also protected by a breastplate. Your lungs draw breath in and draw the oxygen distributing it to every part of the body through the blood.

