



EXTINGUISH

WINNING YOUR
SPIRITUAL BATTLES

01.10.25

EPHESIANS 6:16

ESV

in all circumstances take up the shield
of faith, with which you can extinguish
all the flaming darts of the evil one



SPIRITUAL ATTACKS

- a. You will all experience spiritual attacks (even Jesus did)
- b. They can happen to anyone, anywhere, anytime (*in all circumstances*)
- c. You have the tool with which to defend yourselves (*shield of faith*)
- d. You can win any spiritual battle, when fought correctly (*you can extinguish all the flaming darts*)
- e. All your spiritual attacks have one source (*the evil one*)



WHATMAKES SOMETHING A SPIRITUAL ATTACK?

Any circumstance that bombards you with thoughts, impressions, and impulses that are against God's purposes – including thoughts to do evil, to be angry, to sin, or be tempted to sin.



MATTHEW 4:1, 3

ESV

¹Then Jesus was led up by the Spirit into the wilderness to be tempted by the devil. ³And the tempter came and said to him, “If you are the Son of God, command these stones to become loaves of bread.”



HEBREWS 4:15

ESV

For we do not have a high priest who is unable to sympathize with our weaknesses, but one who in every respect has been tempted as we are, yet without sin.



HOW DOES THE ENEMY SHOW UP?

Rarely does the enemy show up for a
1:1 chat.

99.9% of the time he uses people,
events, and circumstances (including
Christians, church, and ministry!)



HOW DOES THE ENEMY SHOW UP?

Fear

Rejection

Doubt

Discouragement

Lust

Anger

Guilt

Jealousy

Pride

Greed

Loneliness



1 JOHN 2:16

ESV

For all that is in the world—the desires of the flesh and the desires of the eyes and pride of life—is not from the Father but is from the world.

↑
Any thought or impulse
that causes us to fall into
the above is a fiery dart!



SATAN AND YOUR MIND...

1. He has access to your mind
2. He can send thoughts to your mind
3. He can speak to your heart

The mind is the battlefield!



THINGS TO CONSIDER...

1. A thought itself is not a sin
2. The devil does not send the same thoughts to every person
3. The devil often aims thoughts at things we value as good or right

